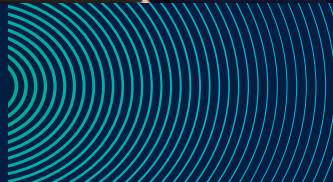


# Empowering older adults to stay safe online



Did you know individuals over the age of 60 are more likely to be targeted by cybercriminals?



Learn to safely navigate the internet with Allstate Cyber Safety for Older Adults! Our interactive training covers common online scams, fraud protection, and cybersecurity awareness, including password protection and privacy settings.

**Register for a FREE training session** today and gain essential skills to protect yourself online.

**Allstate  
cybersafety**



[Allstate.com/CyberSafety](https://www.allstate.com/CyberSafety)

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## What does a training session involve?

The hour-long training session, tailored for older adults, is facilitated by one or two Allstate presenters. It is designed to be interactive, integrating conversation, interactive elements, and video components to foster an engaging learning environment.



*The training will reinforce the message to...*

## What does the training cover?

1. Fraud and identity protection.
2. Email and telephone scams, specifically phishing.
3. General cybersecurity awareness, including password protection and privacy settings.



## What happens after the session?

Participants will receive a comprehensive cyber safety guide, summarising key training topics. This valuable resource acts as a reference for ongoing learning and reinforcement of important concepts, ensuring continued protection at home.

## What's the buzz Cyber Safety?

“I want to say a massive thank you to Allstate for assisting during our training, the feedback has been brilliant”

“A very useful course - practical advice, clearly explained with many tips on how to protect oneself online”

“This was an excellent presentation - I wouldn't like to have missed it!”

## How do I sign up?

Send an email expressing your interest to...

[AllstateCyberSafety@allstate.com](mailto:AllstateCyberSafety@allstate.com)

*for further information.*

